



He counts on her...she counts on you.

It takes more than a needle and thread to mend the fabric of a family...

Very often, it takes a **Grandmother.**

This Mother's Day, honor your mother or grandmother with a gift to SOWN's GrandFamily Resource Center and other programs.

Help older women discover the power of mutual support as they age...

...because no woman should have to age alone

The power of mutual support

SOWN annually serves over 1,000 diverse women who are:

- Grandparent-headed families raising over 300 grandchildren
- Isolated caregivers of relatives with Alzheimer's disease
- Frail, homebound older women suffering from chronic illness, physical decline and impaired mobility
- Vulnerable older adults living independently
- Members of forty SOWN support groups meeting weekly throughout Philadelphia

We thank you for your dedication to SOWN and look forward to your continued support.



SOWN
Supportive Older
Women's Network

4100 Main Street, Suite 200 • Philadelphia, PA 19127 • T: 215.487.3000

www.sown.org



Help SOWN continue to help women discover the power of mutual support as they age. *Because no woman should have to age alone.*

Please donate today by clicking on the DONATE NOW button or filling out the form below and mailing back to SOWN at 4100 Main Street, Suite 200 • Philadelphia, PA 19127

Name _____

Address _____

City/State/ZIP _____

Phone _____ Email _____

In Memory of/Honor of _____

Please accept my generous contribution of:

\$25 \$50 \$100 \$150 \$250 \$500 \$1,000 Other \$ _____

Payment options

• **Check** (*Please make check payable to SOWN*)

• **VISA**

Please charge to my VISA # _____ Exp. date _____

Signature _____

• **Donate Online**



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